

2017 NYC OPEN

Conducted by Weightlifting.org, Inc. & the Metropolitan Local Weightlifting Committee (Met LWC) of USA Weightlifting (USAW) – Sanctioned by USAW Sanction # 06-17-76001

DATE: Sunday, April 2, 2016

PLACE: Professional Athletic Performance Center
645 Stewart Ave.
Garden City, N.Y. 11530

TIME	Men's 56, 62, 69, 77	Weigh-In	Competition
All Women's Categs.		9:00 AM	11:00 AM
Men's 85, 94, 105 & 105+		10:30 AM	12:30 PM
		11:30 AM	1:30 PM

ELIGIBILITY & RULES: Competition will be conducted under USAW rules and is open only to athletes who are current USAW members. If you are not currently a member you can go to <https://webpoint.usaweighting.org/wp/Memberships/Join.wp> to obtain a membership. Athletes must present current USAW membership cards at the weigh-in. Entries will be capped at approximately 50, on a first entries received, first entries accepted, basis. Entries received will be posted on www.weightlifting.org and/or www.metropolitanweightlifting.org, as practicable, but the meet director will always have the latest list. Any of the three sessions listed above may be broken into "flights" if more than 20 lifters enter a given session. Late entries may be accepted at the competition, if space is available.

AWARDS: Trophies will be presented to the first three place winners in each weight class of the Men's and Women's championships, and to the Outstanding: Overall Male, Overall Female, Junior Male, Junior Female, Master's Male and Master's Female lifters, on the basis of the Sinclair Formula (in the case of Master lifters on the basis of the US Masters Committee Age Formula as well). Finally, Outstanding Team awards will be given to the best team in the Men's and Women's Championships combined (only official USAW clubs are eligible for the Team award).

ENTRY FEE: \$60, which is non-refundable after March 16 (when we order our awards). Please complete and sign the last page of this entry form and pay for your entry via PayPal or credit card online at www.weightlifting.org, by clicking on the "Buy Now" button (those who enter online must also scan & e-mail a signed entry to the Meet Director at lifttech@earthlink.net). You may also send an entry via regular mail with a check/money order payable to: "**Weightlifting.org, Inc.**" (entries must be received no later than **3/25**). E-mail confirmations of accepted entries will be sent to all whose entries have been received & accepted, online or in the mail. Send paper entries to:

Artie Drechsler:
PO Box 680,
Whitestone, NY 11357
E-mail lifttech@earthlink.net

OFFICIAL ENTRY BLANK FOR 2017 NYC OPEN WEIGHTLIFTING CHAMPIONSHIPS

NAME _____ PHONE _____ USAW# _____

ADDRESS _____ CLUB _____

CATEGORY*: M/W _____ kg. YOB _____ E-mail: _____

* For scheduling only. Lifters may compete in any weight category for their gender based on actual bodyweight the day of the competition.

REQUEST AND RELEASE

I, the undersigned, hereby request permission to enter the premises of the Professional Athletic Performance Center 645 Stewart Ave, Garden City, NY, and to participate in the weightlifting competition(s) to be held there on Sunday April 2, 2017. I have inspected the premises and I know the substantial risks and dangers involved in the said activities, and that unanticipated and unexpected dangers may arise during such activities and I assume all risks of injury to my person and property that may be sustained in connection with the stated and associated activities in and about the premises and in traveling to and from the said premises and activities.

In consideration of the permission granted to me to enter the premises and participate in the stated activities, I do hereby, for myself, my heirs, administrators and assigns, release, remise and discharge Weightlifting.org, Inc., the Metropolitan Local Weightlifting Committee of the USAW and the individual members thereof, the Professional Athletic Performance Center, owners, operators, sponsors and sanctioners of said premises, of the activities and of the equipment therein, and their respective committees, servants, agents, officers, representatives and officials, and all other participants in the stated activities of and from all claims demands, actions and causes of action of any sort, for injuries, damages and/or losses sustained by my person and/ or property during my presence in said premises and participation in the stated activities, regardless of who is at fault or whose negligence caused such a loss or injury, even if the loss or injury is caused by the fault or negligence of the Metropolitan Local Weightlifting Committee of the USAW and the individual members thereof, and any other of the parties mentioned herein as being released.

I represent and certify that my true date of birth is stated below, and, if I am under the age of 18 years, I do represent and certify that I have the permission of my parents and/or legal guardians to participate in the stated activities, that they have full knowledge thereof and that at least one has read, understood and signed this request and release.

I certify that my attendance and participation in the stated activities is voluntary, and that I am not, in any way, the employee, servant, or agent of the owners, operators, sponsors or sanctioners of the premises and/or activities therein. I further agree that I have reviewed, understand and agree to abide by the rules and regulations of this program. I understand that the Metropolitan LWC reserves the right to reject any entry.

I HAVE READ AND UNDERSTAND THE FORGOING REQUEST AND RELEASE

SIGNATURE _____ DATE _____

IF YOU ARE UNDER 18 YOUR PARENT/LEGAL GUARDIAN MUST SIGN BELOW

SIGNATURE OF PARENT/GUARDIAN _____ DATE _____

Weightlifting.org, Inc. &MET LWC Reserve the Right To Reject Any Entry

IMPORTANT NOTE: If you need any special referees – e.g., National Level to qualify for the Masters Nationals, please let us know in advance and we will try to accommodate (e-mail lifttech@earthlink.net).