

USA Weightlifting Men's American Records

These are the records made since the bodyweight category changes in 2018 through May 31, 2025

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
55 KG/Snatch	Brey Kobashigawa	Team Hawaii	110 kg	12/9/2018	Milwaukee, WI	American Open Finals
	Record Standard		110 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
55 kg/Clean & Jerk	Gabe Chhum	Max Kane Barbell	134 kg	6/28/2022	Las Vegas, NV	Junior National Championships
	Record Standard		134 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
55 kg/Total	Record Standard		242 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
61 kg/Snatch	Hampton Morris	USA/unattached	127 kg	4/2/2024	Phuket, THA	2024 IWF World Cup
	Hampton Morris	USA/unattached	126 kg	2/13/2024	Sofia, BGR	2024 European Championships
	Chhum Gabe	Max Kane Barbell	125 kg	12/7/2023	Willmington, NC	North American Open Finals
	Hampton Morris	USA/unattached	124 kg	6/10/2023	Dohar, QA	2023 IWF Grand Prix 1
	Derrick Johnson	Kings of Weightlifting	123kg	2/17/2019	Chicago, IL	2019 Pan American Championship Trials

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
61 kg/ Clean & Jerk	Hampton Morris	USA/unattached	176 kg * **	4/24/2024	Phuket, THA	2024 IWF World Cup
	Hampton Morris	USA/unattached	172 kg *	4/24/2024	Phuket, THA	2024 IWF World Cup
	Hampton Morris	USA/unattached	171 kg	2/13/2024	Sofia, BGR	2024 European Championships
	Hampton Morris	USA/unattached	170 kg	12/7/2023	Dohar, QA	2023 IWF Grand Prix 2
	Hampton Morris	USA/unattached	168 kg *	9/6/2023	Riyadh, SAU	2023 IWF World Championships
	Hampton Morris	USA/unattached	166 kg	6/10/2023	Dohar, QA	2023 IWF Grand Prix 1
	Hampton Morris	USA/unattached	163 kg	10/20/2022	Lima, PER	2022 IWF Grand Prix 2
	Hampton Morris	USA/unattached	162 kg	7/24/2022	Bogota, COL	2022 Pan American Championships
	Hampton Morris	unattached	161 kg	7/1/2022	Las Vegas, NV	2022 USA Weightlifting National Championships
	Hampton Morris	USA/unattached	160 kg	5/3/2022	Heraklion, GRC	2022 IWF Junior World Championships
	Hampton Morris	USA/unattached	156 kg	10/6/2021	Jeddah, SAU	2021 IWF Youth World Championships
	Hampton Morris	USA/unattached	155kg	7/10/2021	Manizales, COL	Rescheduled 2020 Junior Pan American Championships
	Christopher LeRoux	Team Florida	153 kg	12/6/1991	Blaine, MN	1991 USA National Championships

*JR WR, ** SR WR

*JR WR

*JR WR

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
61 kg/ Total	Hampton Morris	USA/unattached	303 kg	4/24/2024	Phuket, Tha	2024 IWF World Cup
	Hampton Morris	USA/unattached	297 kg	2/13/2024	Sofia, BGR	2024 European Championships
	Hampton Morris	USA/unattached	292 kg	12/5/2023	Dohar, QA	2023 IWF Grand Prix 2
	Hampton Morris	USA/unattached	290 kg	6/10/2023	Dohar, QA	2023 IWF Grand Prix 2
	Hampton Morris	USA/unattached	286 kg	10/20/2022	Lima, PER	2023 IWF Grand Prix 2
	Hampton Morris	unattached	282 kg	7/1/2022	Las Vegas, NV	2022 USA Weightlifting National Championships
	Hampton Morris	USA/unattached	276 kg	5/3/2022	Heraklion, GRC	2022 IWF Junior World Championships
	Bryan Jacob	Gayle Hatch WLT	272.5 kg	5/30/1992	Baton Rouge, LA	

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
67 kg /Snatch	Record Standard		139 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
67 kg /Clean & Jerk	Hampton Morris	unaffiliated	179 kg	2/28/2025	Columbus, OH	Virus Weightlifting Series 1
	Hampton Morris	USA/unattached	178 kg	11/17/2023	Guadalajara, MEX	2023 IWF Junior World Championships
	Record Standard		178 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
67 kg /Total	Record Standard		312 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
73 kg/Snatch	CJ Cummings	USA/Team Divergent	155 kg	4/21/2021	Santo Domingo, DOM	Rescheduled 2020 Pan American Championships
	CJ Cummings	USA/Team Divergent	154 kg*	6/25/2019	La Havana, CUB	2019 Junior Pan American Championships
	CJ Cummings	USA/Team Divergent	153 kg*	4/27/2019	Guatemala City, GUA1	2019 Junior Pan American Championships
	Record Standard		152 kg			

*JR WR

*JR WR

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
73 kg/ Clean & Jerk	CJ Cummings	USA/Team Divergent	193 kg*	6/25/2019	La Havana, CUB	2019 Junior Pan American Championships
	CJ Cummings	USA/Team Divergent	192 kg*	6/8/2019	Suva, FIJI	2019 IWF Junior World Championships
	CJ Cummings	USA/Team Divergent	191 kg*	4/27/2019	Guatemala City, GUA1	2019 Junior Pan American Championships
	Record Standard		191 kg			

*JR WR

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*JR WR

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
73 kg/Total	CJ Cummings	USA/Team Divergent	347 kg*	6/25/2019	La Havana, CUB	2019 Junior Pan American Championships
	CJ Cummings	USA/Team Divergent	344 kg*	4/24/2019	Guatemala City, GUA1	2019 Junior Pan American Championships
	CJ Cummings	USA/Team Divergent	340 kg*	4/24/2019	Guatemala City, GUA1	2019 Junior Pan American Championships
	Record Standard		340 kg			

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
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81 kg / Snatch Record Standard 163 kg

Class/Lift	Name	Represents	Weight	Date	Site	Event Name
81 kg / Clean & Jerk	Harrison Maurus Record Standard	USA/Alpha Barbell	200kg * 199 kg	11/5/2018	Ashgabat, TKM	2018 IWF Senior World Championships
Class/Lift	Name	Represents	Weight	Date	Site	Event Name
81 kg / Total	Harrison Maurus Harrison Maurus Record Standard	USA/Alpha Barbell	361kg 357kg 357 kg	7/31/2021 11/5/2018	Tokyo, JPN Ashgabat, TKM	2020 Olympic Games 2018 IWF Senior World Championships
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
89 kg / Snatch	Record Standard		170 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
89 kg / Clean & Jerk	Record Standard		170 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
89 kg / Total	Nathan Damron Record Standard	USA/Cal Strength	370 kg 370 kg	12/11/2022	Bogata, COL	2022 IWF World Championships
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
96 kg / Snatch	Record Standard		174 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
96 kg / Clean & Jerk	Record Standard		213 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
96 kg / Total	Record Standard		380 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
102 kg / Snatch	Wes Kitts Record Standard	USA/Cal Strength	177 kg 175 kg	6/16/2023	Havana, Cuba	2023 Grand Prix 1
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
102 kg / Clean & Jerk	Record Standard		218 kg			
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
102 kg / Total	Wes Kitts Record Standard	USA/Cal Strength	388 kg 387 kg	6/16/2023	Havana, Cuba	2023 Grand Prix 1
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
109 kg / Snatch	Wes Kitts Record Standard	USA/Cal Strength	177 kg 177 kg	8/3/2021	Tokyo, JPN	2020 Olympic Games
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
109 kg / Clean & Jerk	Wes Kitts Record Standard	USA/California Strengtl	223 kg 223 kg	4/26/2019	Guatemala City, GUA	2019 Pan American Championships
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
109 kg / Total	Wes Kitts Record Standard	USA/California Strengtl	399kg 394 kg	4/26/2019	Guatemala City, GUA	2019 Pan American Championships
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
+109 / Snatch	Shane Hamman	USA/Unattached	197.5 kg	11/26/2002	Warsaw, POL	2002 World Weightlifting Championships
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
+109 / Clean & Jerk	Shane Hamman	USA/Unattached	237.5 kg	8/25/2004	Athens, GRE	2004 Olympic Games
Class / Lift	Name	Represents	Weight	Date	Site	Event Name
+109 / Clean & Jerk	Shane Hamman	USA/Unattached	430 kg	8/25/2004	Athens, GRE	2004 Olympic Games

*JR WR

* Junior World Record